



Chaplet of Our Lady Undoer of Knots
 Translation of Los Siete Nudos, and Chaplet composed by:
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This chaplet comprises seven groups of 4 beads each: A meditation bead, and three smaller beads on which are said Our Father, Hail Mary, and Gloria.

At the conclusion:

Beginning on the Medal:

Holy Mary, who unties the seven knots, full of the presence of God during your life you accepted with great humility the Holy Will of the Father and the legacy of your Son, Our Lord Jesus Christ. Evil never dared to entangle you.

Holy Mary, Mother of God and ours, with your maternal heart undo the knots that entangle our lives. We ask you to receive in your hands (mention who or prayer request) and liberate us from these entanglements.

Blessed Virgin Mary, through your grace, your intercession, and your example, deliver us from evil and untie the knots that obstruct our unity with God, so that we may find Him in all things, have Him in our hearts, and serve Him always. Amen.

Together with your Son, you interceded for our difficulties, and with simplicity and patience, you have taught us how to undo the knots that entangled our lives. By being our Mother, you smooth and make clear the ties that unite us to Our Lord.

Traditional Prayer to Our Lady, Untier of Knots

Holy Mary, full of the presence of God during your life you accepted with great humility the Holy Will of the Father and the legacy of your Son Our Lord Jesus Christ. Evil never dared to entangle you with its confusion.

Cover us with your protective mantle and permit us to experience, in your loving and maternal protection:
 Peace, Harmony, and Purity.

Since then you have interceded for all of our difficulties. With all simplicity and patience you have given us examples on how to untangle the knots in our complicated lives. By being our Mother forever, you arrange and make clear the path that unites us to Our Lord.

On the large beads, consider the meditation, one for each knot (below)

1st Knot: In our temptation: Protect us

Holy Mary, Mother of God and ours, with your maternal heart untie the knots that upset our lives. We ask you to receive in your hands (*mention who or prayer request*) and deliver us from the chains and confusions that have us restrained.

2nd Knot: In our sin: Deliver us

3rd Knot: In our distress: Succor us

4th Knot: In our sorrow: Comfort us

5th Knot: In our fear: Encourage us

6th Knot: In our illness: Alleviate us

Blessed Virgin Mary, through your grace, your intercession and by your example, deliver us from evil and untie the knots that keep us from uniting with God, so that once free of every confusion and error, we may find Him in all things, have Him in our hearts and serve him always in our brothers and sisters.

7th Knot: In our weakness: Strengthen us

Mother of Good Counsel pray for us .

On the small beads, pray Our Father, Hail Mary, Gloria

Amen

How was this devotion started?

To show us the mission granted to the Virgin Mary by her Son, an unknown artist painted Mary Undoer of Knots with great grace. Since 1700, his painting has been venerated in the Church of Saint Peter in Perlack, Germany. It was originally inspired by a meditation of Saint Irenaeus (Bishop of Lyon and martyred in 202) based on the parallel made by Saint Paul between Adam and Christ. Saint Irenaeus, in turn, made a comparison between Eve and Mary, saying, "Eve, by her disobedience tied a knot of disgrace for the human race; whereas Mary, by her obedience, undid it."

The Chaplet of the Seven Sorrows of Mary

<https://www.marian.org/mary/prayers/sorrows.php>

As for the Chaplet of the Seven Sorrows, it reminds us that Mary plays a key role in our Redemption and that she suffered along with her Son Jesus to save us. It is prayed using a special rosary comprised of *seven "decades" containing seven beads each*.

Here is how the Chaplet of Seven Sorrows is prayed:

Each group of seven is begun with an Our Father, as in the regular Rosary. Some people start with an Act of Contrition, since the devotion has a penitential aspect. Also like the regular Rosary, the groups of seven Hail Marys are an occasion for meditation on "Mysteries" — in this case, the Seven Sorrows of Mary, listed below:

The First Sorrow: The Prophecy of Simeon

Reading: Luke 2:25-35 -- When Mary and Joseph present the infant Jesus in the temple, Simeon predicts that a "sword" (of sorrow) will pierce Mary's soul.

The Second Sorrow: The flight into Egypt

Reading: Matthew 2:13-15 -- When King Herod orders the death of all male children age two or younger, Mary and Joseph flee to Egypt with the infant Jesus.

The Third Sorrow: The Child Jesus Lost in the Temple

Reading: Luke 2: 41-50 -- Mary and Joseph search for the child Jesus for three days, finding Him at last — after agonizing sorrow — in the temple.



The Fourth Sorrow: Mary meets Jesus carrying the cross

Reading: Luke 23: 27-29 -- As Jesus makes His way to Calvary, condemned to crucifixion, He meets His mother, Mary. He is bruised, derided, cursed and defiled and her sorrow is absolute as Jesus drags His own cross up the hill of His crucifixion.

The Fifth Sorrow: Mary at the foot of the cross

Reading: John 19: 25-30 -- Mary stands near her dying Son unable to minister to him as He cries "I thirst." She hears Him promise heaven to a thief and forgive His enemies. His last words, "Behold your mother," charge us to look on Mary as our mother.

The Sixth Sorrow: Mary receives the body of Jesus

Reading: Psalm 130 -- Jesus is taken down from the cross and His body is placed in Mary's arms. The passion and death are over, but for His mother, grief continues. She holds His body in her arms.

The Seventh Sorrow: Mary witnesses the burial of Jesus

Reading: Luke 23: 50-56 -- The body of Jesus is laid in the tomb. The most tragic day in history ends, Mary alone in sorrow, awaiting the Resurrection.

On the Centerpiece: Most Merciful Mother, remind us always about the Sorrows of your Son, Jesus.

Concluding Prayer: *Queen of Martyrs, your heart suffered so much. I beg you, by the merits of the tears you shed in these terrible and sorrowful times, to obtain for me and all the sinners of the world the grace of complete sincerity and repentance. Amen.*

Three times, say: *Mary, who was conceived without sin and who suffered for us, pray for us.*

Sign of the Cross: *In the name of The Father, and The Son, and The Holy Spirit. Amen.*

Closing prayers from: <https://www.immaculee.com/pages/7-sorrows-rosary-prayer> (you can also find beautiful meditations on the sorrows here)